

May 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Pilates 7:00am Flex Studio May Birthday Cupcakes* 7:00pm Club 333 Lobby	2 Yoga 7:00pm Flex Studio	3	4 May The 4th: Star Wars Day 7:00pm Media Room
Filates 3:00pm Flex Studio Cinco de Mayo* 7:00pm Club 333 Lobby	6 Strength Class 7:00pm Flex Studio	7 Movie Night: Anyone But You 7:00pm Media Room	8 Pilates 7:00am Flex Studio	9 Yoga 7:00pm Flex Studio	10	Master Swim Class (RSVP) 10:00am Pool
12 Mothers Day Breakfast* 9:00am Club 333 Lobby Pilates 3:00pm Flex Studio	13 Strength Class 7:00pm Flex Studio	14	7:00am Flex Studio Mets Vs Phillies* Media Room 6:30pm	16 Yoga 7:00pm Flex Studio	17	18 Ping Pong Tournament (RSVP) 12:00pm Flex Studio
19 Pilates 3:00pm Flex Studio	20 Strength Class 7:00pm Flex Studio	21 Sunset Yoga & Tea* 7:00pm Backyard	22 Pilates 7:00am Flex Studio	7:00pm Flex Studio Cocktail Class* (RSVP) Sky Lounge 7:00pm	24	25 Memorial Day Party** 1:00pm - 4:00pm Club 333
26 Pilates 3:00pm Flex Studio Yankees Vs Padre Media Room 4:00pm	27 Strength Class 7:00pm Flex Studio	28	29 Pilates 7:00am Flex Studio	30 Yoga 7:00pm Flex Studio	31	