

October 2024



Sunday	Monday	Tuesday	V	Vednesday	Th	ursday	Fr	iday	Saturday
		1 October Birthday Cake Pops 7:00pm Club 333 Lobby	2	Pilates 7:00am Flex Studio	3	Spectrum Giveaways 4:00pm-7:00pm Club 333 Lobby Yoga 7:00pm Flex Studio	4		5 Oktoberfest 5:00pm Club 333 Lobby
9:30am Media Room Pilates 12:00pm Flex Studio	7 Strength Class 7:00pm Flex Studio	8 Movie Night: Five Nights at Freddy's 7:00pm Media Room	9	Pilates 7:00am Flex Studio	10	Yoga 7:00pm Flex Studio	11		12
13 Pilates 12:00pm Flex Studio	14 Strength Class 7:00pm Flex Studio	15 Movie Night: Halloweentown 7:00pm Media Room	16	Filates 7:00am Flex Studio	17	Cocktail Class (RSVP) 7:00pm Sky Lounge Yoga 7:00pm Flex Studio	18		19 CKO Class (RSVP) 1:30pm-2:30pm CKO
Giants vs Eagles 1:00pm Media Room Pilates 12:00pm Flex Studio	21 Strength Class 7:00pm Flex Studio	22 Movie Night: Ghost Busters Frozen Empire 7:00pm Media Room	23	Pilates 7:00am Flex Studio RealReal Event 6:00pm-8:00pm Club 333 Lobby	*	Yoga 7:00pm Flex Studio	25	Pumpkin Decorating (RSVP) 6:00pm Oasis	26
27 Pilates 12:00pm Flex Studio	28 Strength Class 7:00pm Flex Studio World Series Game TBD Media Room	29 Movie Night: Hocus Pocus 7:00pm Media Room	3(7:00am Flex Studio Dog Costume Contest 6:00pm HUB Lobby		Halloween Trick or Treat Club 333 Lobby Yoga 7:00pm Flex Studio			

^{*}Light Refreshments will be served **Food Will be served